

COLLEGE OF EDUCATION, HEALTH AND PUBLIC POLICY



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Country of Origin: United States

Education:

- **M.S.** 2007 Athletic Training/Sports Medicine (Florida International University, Miami, FL)
- **B.S.** 2005 Athletic Training (University of Delaware, Newark, DE)

Research Interests:

- Leadership development and training
- Rehabilitation
- Core stability and injury prevention
- Pedagogy and online instruction

Professional Organizations and Memberships:

- American College of Sports Medicine
- National Strength and Conditioning Association
- National Athletic Trainers' Association
- Eastern Athletic Trainers' Association
- Delaware Athletic Trainers' Association